



# STEPPING STONE EMERGENCY HOUSING

3300 4<sup>th</sup> Avenue N, Cronin Bldg #14 Anoka, MN 55303  
763-323-7006 ~ www.steppingstoneeh.org

*To provide emergency housing and support for Youth and Adult individuals, who are 18 or older experiencing homelessness, as they strive towards self-sufficiency*

- Stepping Stone Emergency Housing is the ONLY licensed homeless shelter serving Youth Adults, ages 18 and older, in the Anoka County community.
- Stepping Stone Emergency Housing has the maximum capacity for 66 individuals:
  - 36 Men
  - 30 Women
- Regardless of the program or length of stay, all residents are supplied their BASIC NEEDS at all times.



## STEPPING STONE WAITLIST

- An individual contacts Stepping Stone stating that they are interested in becoming a resident.
- At that time, a Shelter Advocate will complete a Coordinated Entry Step 1 assessment for the individual, which will then place them on our waitlist.
- Youth (18-24) & Veterans are given priority and placed at the top of the list; otherwise, it is first-come, first-served.

*“People don’t understand how hard it is to be poor. I don’t want to be here. I want to go to work. I want to have the life that I used to have. At this time, it is just not possible. But someday, someday soon, it will be possible.” JOE*  
Joe still lives at Stepping Stone but is highly motivated and continues to make great strides at becoming self-sufficient.

## STEPPING STONE PROGRAMS

### Breakdown of 36 men’s beds

- 2 are **E-beds**
  - Given out on a nightly basis with a referral from the police, hospital or Hope4Youth
- 6 are **Emergency Shelter** Beds
  - 28-day maximum stay, able to move from Emergency Shelter to Emergency Housing, if they choose
  - Funded through grant from OEO
- 28 are **Emergency Housing** Beds
  - Required to either self-pay (SSI, SSDI, employment) or set-up GRH funding with Anoka County
  - Requirements: meet with Case Manager on a regular basis; develop and make progress on their Individual Goal Plan (IGP); complete work training (10 hours a week – chores); abide by the Rules & Responsibilities.



### Breakdown of 30 women’s beds

- 2 are **E-beds**
  - Given out on a nightly basis with a referral from the police, hospital or Hope 4 youth
- 4 are **Emergency Shelter** Beds
  - 28-day maximum stay, able to move from Emergency Shelter to Emergency Housing if they choose
  - Funded through grant for OEO
- 24 are **Emergency Housing** Beds
  - Required to either self-pay (SSI, SSDI, employment) or set-up GRH funding with Anoka County
  - Requirements: meet with Case Manager on a regular basis; develop and make progress on their Individual Goal Plan (IGP); complete work training (10 hours a week – chores); abide by the Rules & Responsibilities.

*"After living at Stepping Stone, I learned that I wasn't even in the tunnel. I understood the work that I needed to do to get in the tunnel. After a while, I truly saw the light and after a while, I moved closer and closer to it."* KATHY

Kathy now lives in her own apartment with her son, has a steady job, and is able to move forward with her life.

## **STEPPING STONE SERVICES**

Stepping Stone offers invaluable services to our residents, including job search assistance, one-on-one case management and educational opportunities in a comprehensive program called *Step Into Action*.



### **Employment Search**

- Job search training
- Resume writing
- Interview skills
- Job retention skills
- On-the-job success



### **Education**

- Evaluation and assessment for educational opportunities
- Access to Anoka County's resources for education and training



### **Library**

- Weekly visits from Anoka County Librarians
- Assistance for residents on Internet searches regarding jobs, housing and education



### **Case Management**

- Weekly one-on-one case management with Stepping Stone Case Manager
- Collaboration with Case Manager to develop an Individual Goal Plan (IGP)



### **Financial Literacy**

- Basic introduction to finances
- Banks vs. Credit Unions
- Credit vs. Debit
- Financial coaching



### **Medical / Dental Services**

- Monthly visits from Allina Health volunteers
- Every-other-month visits from professional dental volunteers
- Medical/Dental preventative care
- Medical/Dental education for when residents leave Stepping Stone.

*You gave me a place to stay when I needed somewhere to go and did not have a clear idea as to where that was going to be. You made me realize who I wanted to be and if I wanted to do something, I needed to do it for myself.* OSCAR

Oscar was asked to leave Stepping Stone. This is his comment when he came back one afternoon to thank staff for the impact they made on his life. Oscar has his own apartment, and has a steady job and income.

## **STEPPING STONE AMENITIES**

### **Cafeteria**

Provide 3 meals per day, plus a snack in the evening

### **Arts & Crafts**

Release stress and stay creative by painting, stamping, knitting

### **Computer Lab**

8 computers provided to residents at limited times

### **Exercise & Recreation**

Access to weightlifting and cardio machines, providing a healthy outlet to release energy and stress